

Discover Milan

Opening Day 5k Run & Walk

8 May 2010



Register on-line @ www.milan5k.com

Discover Milan May 8th, 2010 is shaping up to be an exciting day in Milan, Michigan. The day gets started with the community 5k run and walk. This event also welcomes walkers, strollers, pets to a nice tour around the heart of the city of Milan. There is a pancake breakfast on Main St. from 8-11am – refuel after the race!

AWARDS:

Medals will be awarded to the overall Male and Female runners and the top 3 runner in each of the following age groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over. Awards can be picked up after the race results are tabulated - there will be no official award ceremony. Awards will not be mailed.

LOCATION:

The 5k course will start and finish near Wilson Park located in the middle of the city of Milan, MI. There is ample parking around the city center - please refer to the maps for suggested parking locations.

FACILITIES:

There will be port-o-johns near the start and there will be access to rest rooms at the Milan Senior Center and baseball fields.

TIME:

The race will start promptly at 7:30 am to allow plenty of time to complete the event and get ready for the Parade. Walkers will start together behind the runners.

T-SHIRTS:

The first 200 registrants will be guaranteed shirts. The race organizers reserve the right to add more as the registration progresses.

CHECK-IN:

Number pick-up and late registration will be held on race day from 6:00am to 7:00am.

ENTRY FEE:

\$20.00 Online or if mailed by April 30, 2009. Online registration is encouraged - it's faster, you get immediate confirmation and we can communicate with you. However, if you mail your entry, please make checks payable to: MILAN AREA SCHOOLS and mail to: **MHS ATTN: R. Myyra, 200 Big Red Drive , Milan, MI 48160**

COURSE:

The race is run or walked from the start near the Milan Police Department on Neckel Court, will take a single loop around the southwest corner of the city finishing on the soccer field at Wilson Park.

Register on-line @ www.milan5k.com

RESULTS:

Results will be posted on race day and available at this web site after the race.

DIRECTIONS:

See www.milan5k.com for maps. Take the Carpenter Road exit off US-23 (approximately 10 miles south of I-94). Head south about 1/2 mile and turn west on County St. This turns into Main St. The race starts and finishes just off Wabash street (the only light in downtown). Parking on surface streets and downtown parking lots.

PARKING:

There will be limited parking near the start parking lots in downtown Milan and along side street will be available. Park at the Middle School and walk down to the start!

Discover Milan – Opening Day 5k Run & Walk 8 May 2010

PLEASE PRINT

<p>LAST NAME</p> <input style="width: 100%; height: 20px;" type="text"/>	<p>FIRST NAME</p> <input style="width: 100%; height: 20px;" type="text"/>	<p>M.I.</p> <input style="width: 20px; height: 20px;" type="text"/>
<p>STREET ADDRESS</p> <input style="width: 100%; height: 20px;" type="text"/>		<p>CITY/TOWN</p> <input style="width: 100%; height: 20px;" type="text"/>
<p>STATE/PROV</p> <input style="width: 20px; height: 20px;" type="text"/>	<p>ZIP CODE POSTAL CODE</p> <input style="width: 40px; height: 20px;" type="text"/>	<p>PHONE NUMBER</p> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>
<p>DATE OF BIRTH</p> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>		<p>AGE ON RACE DAY</p> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>

E-Mail Address: _____

EVENT: 5k RUN SEX: M TOTAL AMOUNT ENCLOSED: _____ MAKE CHECKS PAYABLE TO: MILAN AREA SCHOOLS
 5k WALK F MAIL TO: MHS DEVELOPMENT OFFICE, 200 Big Red Drive, Milan, MI 48160

In consideration of my participation in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against the organizers, the sponsors of this event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

ALL PARTICIPANTS MUST SIGN WAIVER: _____ **DATE:** _____